

Please send your registration form to

Bernie Byrne
Maggie's
Charing Cross Hospital
Fulham Palace Road
London W6 8RF

Or if you have any questions

Telephone: 020 7386 1750
Email: london@maggiescentres.org

Maggie's is open Monday to Friday 9am – 5pm

www.maggiescentres.org

Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie's)
is a registered charity, No. SC024414

EXPRESSIVE ART GROUP

maggie's

Maggie's Expressive Art Group

- **Weekly at Maggie's**
- **For anyone who has, or who has had, cancer**
- **Each group is led by an Art Therapist**

The aim is to get a better understanding of what is happening to us. The concentration involved in making an image helps us to slow down, relax and gather our thoughts. Our unconscious minds may find it easier to express our feelings visually in pictures, colours and shapes, than in words. At the group, you may learn something from what you have created which will give you a better understanding of what you are going through and make you feel more confident about your situation. The group requires no experience or skill at art: it is for everyone.

- I would like to join the Expressive Art Group
- I would like someone from Maggie's to get in touch
- I would like to join but cannot because:

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Name

Address

.....

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Postcode

Telephone

Email

Date